	QUARTERFINALS			SEMIFINALS				
Year	MLS	Pro	Am	MLS	Pro	Am	Non-MLS: semifinalist **, finalist ***, champ ****	Notes
1996	5	3		3	1		Rochester (A-League)***, Carolina (USISL Select), Seattle (A-League)	Only 5 MLS teams entered
1997	5	3		3	1		San Francisco (D3 Pro)**, Chicago (D3 Pro), Long Island (A-League)	
1998	7	1		4			Nashville (A-League)	
1999	5	3		2	2		Rochester (A-League)****, Charleston (A-League)**, Staten Island (A-League)	
2000	8			4				
2001	6	2		4			Pittsburgh (A-League), Richmond (A-League)	
2002	7	1		4			Milwaukee (A-League)	
2003	6	2		4			Seattle (A-League), Wilmington (PSL)	
2004	4	4		3	1		Charleston (A-L)**, Minnesota (A-L), Richmond (A-L), Rochester (A-L)	
2005	6	2		4			Rochester (USL-1), Minnesota (USL-1)	
2006	8			4				
2007	3	5		2	2		Carolina (USL-1)**, Seattle (1)**, Charleston (1), Richmond (USL-2), H'burg (2)	Both semis went to ET
2008	5	3		2	2		Charleston (USL-1)***, Seattle (USL-1)**, CP Baltimore (USL-2)	
2009	4	4		3	1		Rochester (USL-1)**, Charleston (1), Wilmington (USL-2), H'burg (2)	
2010	6	2		4			Charleston (USL-2), Harrisburg (USL-2)	
2011	7	1		3	1		Richmond (USL-2)**	
2012	5	3		4			Harrisburg (USL Pro), Dayton (USL Pro), Charlotte (USL Pro)	
2013	6	2		4			Carolina (NASL), Orlando (USL Pro)	
TOTA	103	41	0	61	11	0		